



**BELIEVING IS THE FIRST STEP.  
YOU TAKE THAT STEP AND YOU  
WILL SEE THAT NOTHING CAN  
EVER STOP YOU AGAIN.**

RYAN CLARK, SPRINGBOARD PARTICIPANT

Directors as at 31.12.2006

Chair  
Jackie Redpath

Directors

Baroness May Blood  
Joe Stewart  
Liam Maskey  
Brendan Mackin  
Mary Enright  
Seamus Murray  
Denis Rowan  
Michael Creedon  
Bill Carwood

Staff as at 31.12.2006

Executive Director  
Programme Manager  
Programme Manager  
Programme Manager  
Recruitment & Marketing Officer  
Project Leader  
Project Leader  
Project Leader  
Project Leader  
Finance & Administration Officer  
Bookkeeper  
Administration Assistant

Angila Chada  
Rosie Smyth  
Aileen O'Reilly  
Jen Ashton  
Paula Quinn  
Colette McCullagh  
Tony Clarke  
Josey Grogan  
Jeanine Beck  
Laura Wright  
Carol Bunns  
Aine Croarkin

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## WHAT YOU DO IS SO BRILLIANT

Springboard is committed within a spirit of partnership, to building the capacity of disadvantaged people and their communities and contributing to a society which is at ease with itself and its diversity.

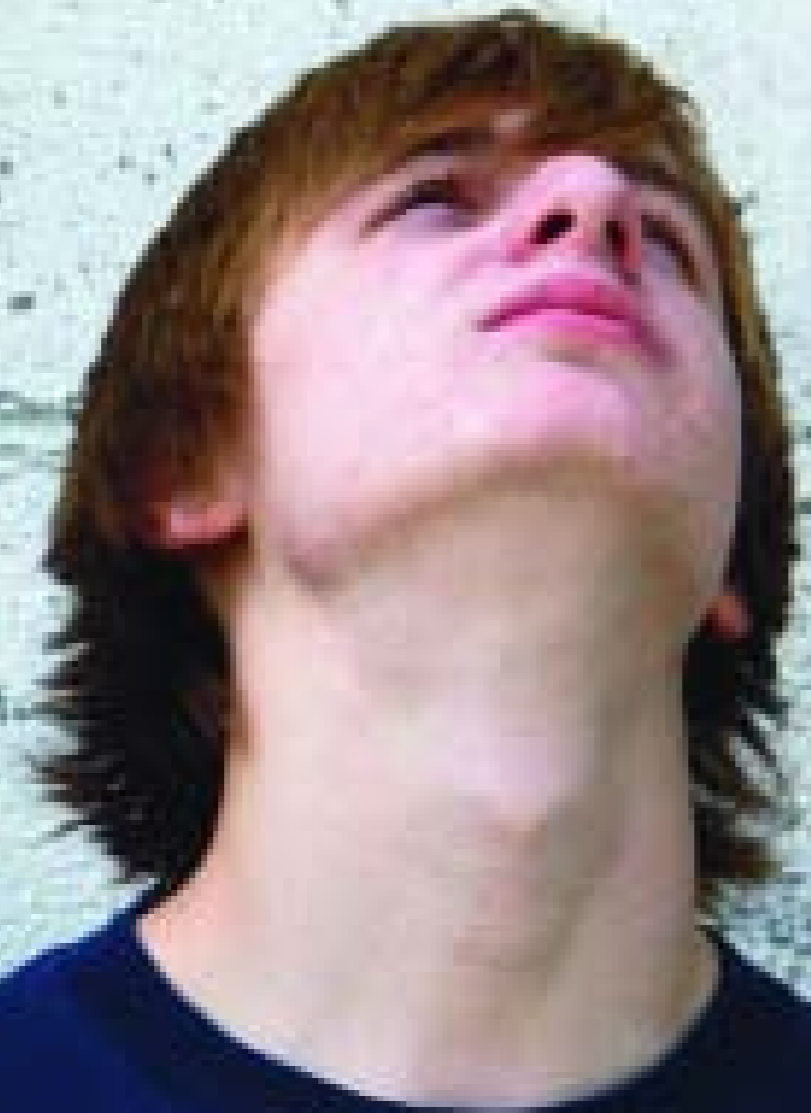
Established in 1992, Springboard offers integrated programmes that promote mutual understanding and enhance the capacity of adults from all backgrounds. Enshrined within clear values and a person centred ethos, Springboard has provided unique opportunities for over 3500 people to make their own personal journey of positive change.

In 2006 Springboard worked with young adults, from Ireland, north and south, under the Wider Horizons initiative. Programmes offered exciting development opportunities at home and international work placements / study visits in North America, Europe or South Africa. Delivery focused on promoting an appreciation of diversity and enhancing personal and professional development.

Participants emerge from the Springboard journey with greater capacity, an anti-discriminatory viewpoint and a firm ethic of social responsibility – they start to believe; in themselves, in their communities and in their future. Springboard itself believes.

We believe in:

- Building communities through enhancing an appreciation of equity, diversity, interdependence and global citizenship
- Building self esteem through personal and social education
- Building skills through professional development



## EQUITY, DIVERSITY & INTERDEPENDENCE

The strength of Springboard's approach is the ability to challenge inequality and prejudice and to promote an understanding that all forms of harassment and discrimination are unacceptable.

Working in a cross-border and global context, the varied formal and informal learning opportunities allow participants to understand and recognise the positive and negative aspects of their own culture in order to develop confidence in who and what they are. From this point of confidence it is often easier to value and understand other people's traditions and culture.

As a result, participants value diversity, not just in terms of the traditional divides but with regard to the increasing racial and ethnic diversity which is evolving in their communities.

## GLOBAL CITIZENSHIP

Springboard recognises the increasing impact of an interconnected world on the daily lives of young adults from every society. As such the organisation is committed to increasing understanding of the global context and encouraging individuals to act as responsible world citizens.

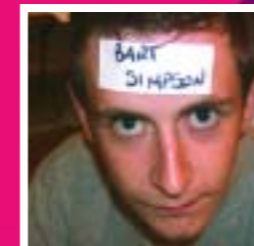
This approach works with the young adult's everyday experiences of the world around them. It then builds on that interest and engages young adults in a dialogue which values their opinions and encourages an exploration and sharing of ideas, values and beliefs. Each dimension builds understanding and helps young adults to understand the rapid changes in the world and encourages them to get active and involved in shaping it.

## PERSONAL AND PROFESSIONAL DEVELOPMENT

Springboard is committed to a youth development approach where personal and social education is core to sustainable participant development and the route to responsible adulthood. Through learning, participants develop a range of personal and social skills and understanding which enables them to participate effectively as individuals and members of groups – whether in their community or an employment setting.

Springboard seeks to encourage young adults to clarify their values and beliefs and to express their thoughts, emotions and aspirations through creative and challenging activities, in contexts that are safe and supportive.

In addition Springboard provides effective professional development through paying close attention to the current and projected developments within the labour market and subsequently providing accredited qualifications, work placement and work readiness skills such as interpersonal and communication skills. The outcome of this approach can be seen in the outstanding results Springboard achieves.



## A LOT DONE. A LOT STILL TO DO.

Springboard's work is about making a real contribution to regeneration within and across disadvantaged communities through building peace and a society at ease with its rich diversity. It is about building peoples personal and professional development and enabling their positive contribution as local and global citizens.

Springboard recognises that there is a lot done and a lot still to be done and will continue to work so that people believe in their potential as individuals, professionals and positive role models in society.

*"Believe it can be done. When you believe something can be done, really believe, your mind will find the ways to do it. Believing a solution paves the way to solution."* Dr. David Schwartz

## SPRINGBOARD'S 2006 PROVISION LED TO EXCEPTIONAL OUTCOMES

### Participant Completion

■ 79% completion



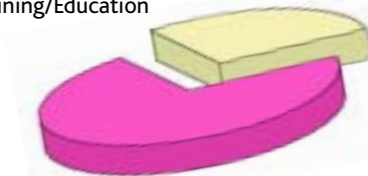
### International Partnerships

■ 55% Canada & USA  
 ■ 33% Europe  
 ■ 12% Rest of World



### Programme Outcomes

■ 71% Employment/Training/Education



### Expenditure Breakdown

■ 86% Programme Activity Costs  
 ■ 14% Support and Governance Activities



2006 total Expenditure £1,300,269\*

\* 2006 Draft Annual Accounts